

Handyside, Barry ORCID: <https://orcid.org/0000-0002-1842-6582> and Watson, Karen (2023) The experiences of and attitudes towards continuing professional development of UK paramedics (EAT CPD). In: 999 EMS Research Forum Conference, 20-21 June 2023, Manchester, UK. (Unpublished)

Downloaded from: <https://insight.cumbria.ac.uk/id/eprint/8451/>

Usage of any items from the University of Cumbria's institutional repository 'Insight' must conform to the following fair usage guidelines.

Any item and its associated metadata held in the University of Cumbria's institutional repository Insight (unless stated otherwise on the metadata record) may be copied, displayed or performed, and stored in line with the JISC fair dealing guidelines (available [here](#)) for educational and not-for-profit activities

provided that

- the authors, title and full bibliographic details of the item are cited clearly when any part of the work is referred to verbally or in the written form
 - a hyperlink/URL to the original Insight record of that item is included in any citations of the work
- the content is not changed in any way
- all files required for usage of the item are kept together with the main item file.

You may not

- sell any part of an item
- refer to any part of an item without citation
- amend any item or contextualise it in a way that will impugn the creator's reputation
- remove or alter the copyright statement on an item.

The full policy can be found [here](#).

Alternatively contact the University of Cumbria Repository Editor by emailing insight@cumbria.ac.uk.

The Experiences of and Attitudes Towards Continuing Professional Development of UK paramedics (EAT CPD)

Authors	Handyside, Barry; Watson, Karen
Citation	Handyside, B. and Watson, K., 2023, June 20-21. The Experiences of and Attitudes Towards Continuing Professional Development of UK paramedics (EAT CPD) [Poster presentation]. 999 EMS Research Forum, Manchester. http://hdl.handle.net/20.500.12417/1558 .
Download date	14/10/2024 09:07:06
Link to Item	http://hdl.handle.net/20.500.12417/1558



The Experiences of and Attitudes Towards Continuing Professional Development of UK paramedics (EAT CPD)

Barry Handyside^{1,2}, Karen Watson¹

¹University of Cumbria ²South Central Ambulance Service NHS Foundation Trust (SCAS)

Background

- Paramedics are required to submit a CPD portfolio to the HCPC, to maintain the permission to practise.
- Literature focused on CPD of other healthcare professions, minimal focus on paramedics.
- BH interviewed paramedics about their *experiences* of engagement with CPD and compared the results to previous research from other healthcare professions.

Methods

- Interpretative phenomenological and thematic analyses of seven semi-structured interviews.

Results summary & table of experiences and attitudes

Identified themes:

- 1) Personal factors
- 2) Professional accountability
- 3) Employer investment and support
- 4) Covid-19

Novel Subthemes:

- 1) Personal responsibility
- 2) Covid-19 factors



Experiences

Time & cost of attending CPD events, and work-life balance all reduce engagement due to the personal impacts CPD creates.

Want more employer support to meet the professional requirements of CPD over and above statutory and mandatory education to improve day to day & evidence based practice.

Covid-19 impacted and continues to how, where, and activities available that provide evidence for CPD.

Belief that expectations and what constitutes CPD are not well understood especially for inexperienced paramedics.

Preference for practical activities, in smaller groups, with peers & stakeholders. Active activities (hands on) preferable to passive activities (lectures).

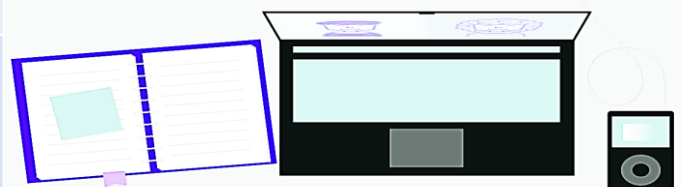
Attitudes

All participants agreed CPD is a personal responsibility to conduct.

It's a professional responsibility to ensure contemporary practice and to remain up to date. Also for diversity in career progression.

Service users benefit as patient care is improved as a result of CPD through up to date and novel practice.

Seek a variety of activities and happy to help others to improve the profession.



Discussion

- How, when, and why paramedics engage with CPD is multifaceted and individual.
- Variety is key to CPD and is undertaken for numerous reasons.
- Personal responsibility to conduct a professional duty, but greater support wanted.
- Increased collaboration between the professions, employers, regulators, and CPD providers should aim to improve awareness of professional CPD responsibilities and opportunities that are cheaper, of shorter duration, more frequent, and involve active, peer based learning.