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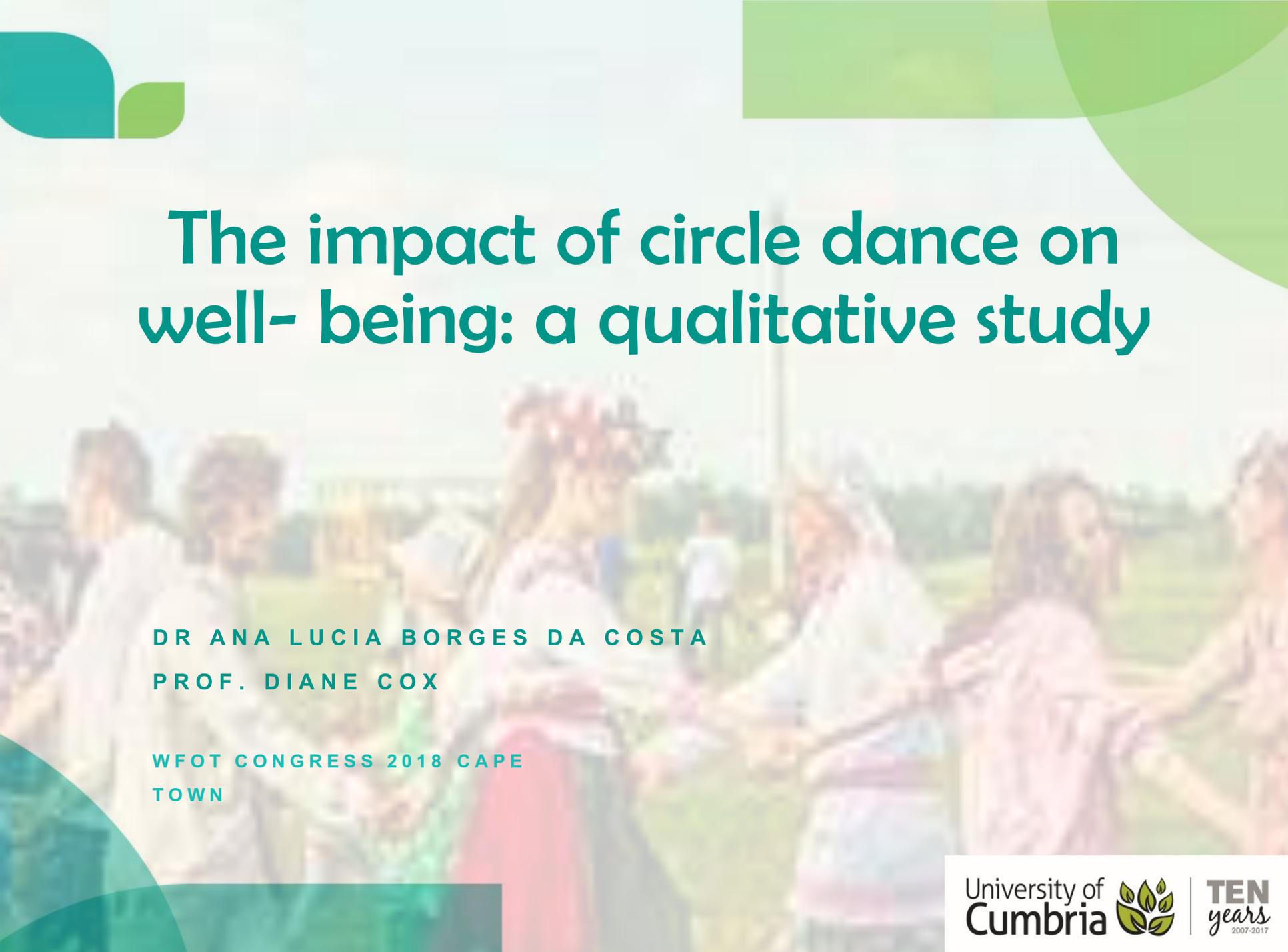
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The impact of circle dance on well-being: a qualitative study

DR ANA LUCIA BORGES DA COSTA

PROF. DIANE COX

WFOT CONGRESS 2018 CAPE
TOWN



Outline of the presentation

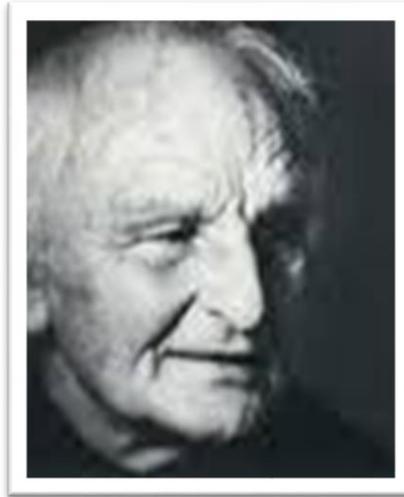
- Circle dance: background and historical context
- Research design
- Findings and discussion
- Conclusion

Circle dance



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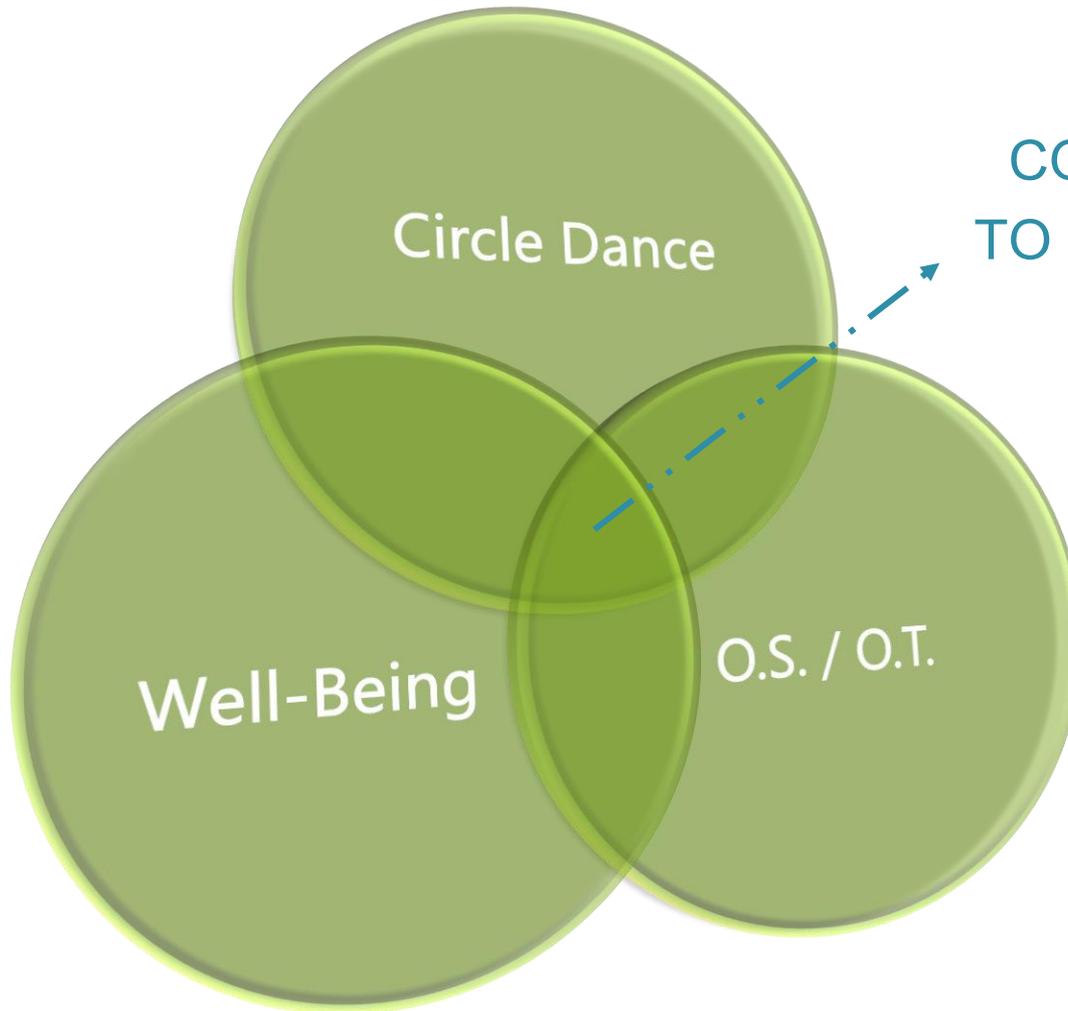
Bernhard Wosien (1908-1986)



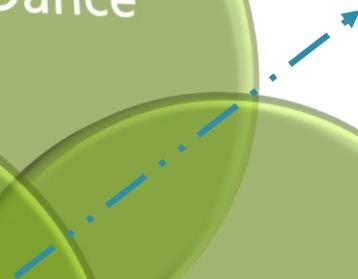
The impact of circle dance on well-being: a qualitative study



PhD research topic



CONTRIBUTION
TO KNOWLEDGE



Methods

- Grounded theory: constructivist approach (Charmaz, 2006)
- In-depth interviews
- Analytical process: major categories (circle dance participants, teachers and coordinators)





Findings:
participants' major category

*"I can't
imagine life
without it"*

Unique experience of
being engaged

Feeling part of the ethos
of circle dance

Helping to overcome
difficulties in life

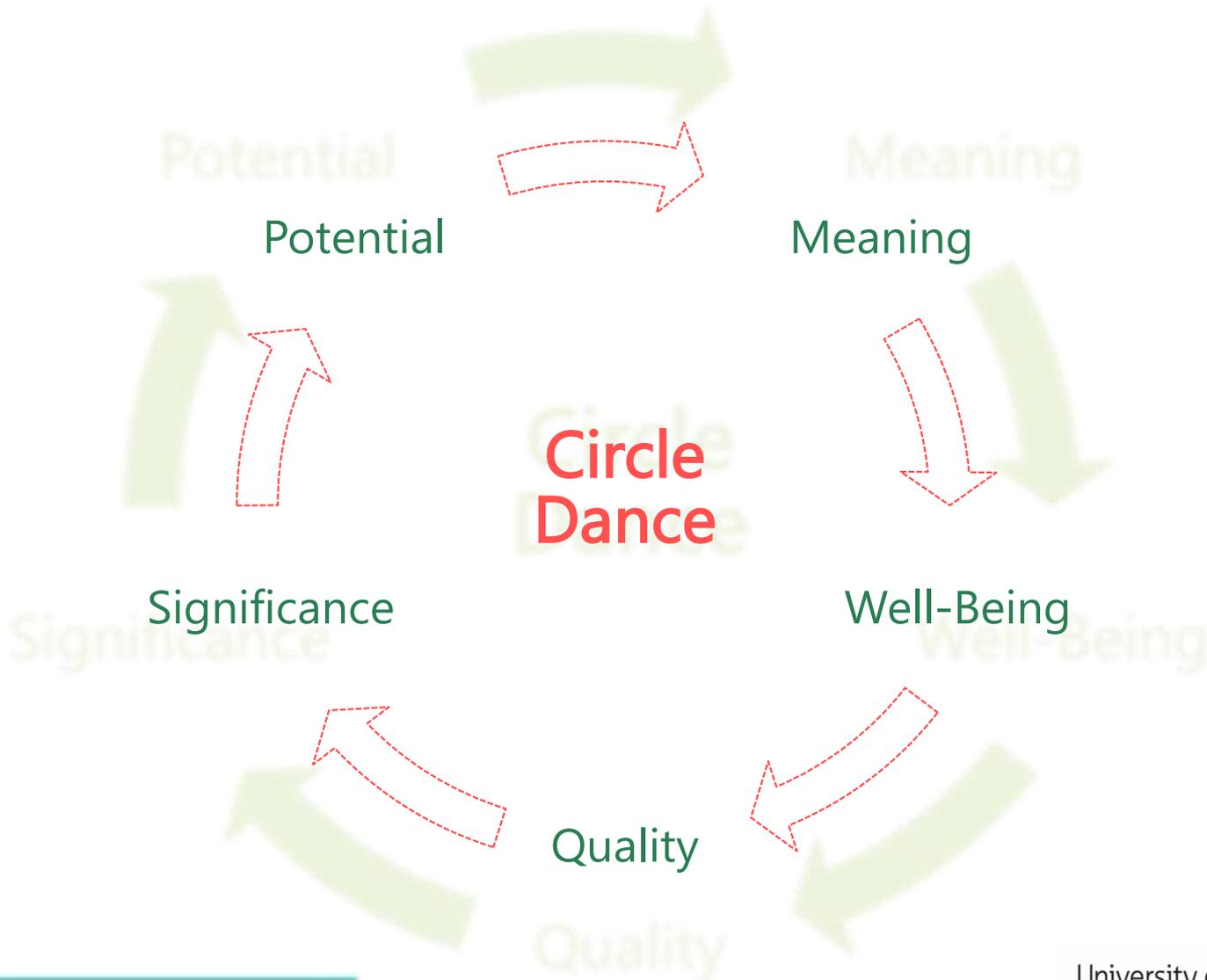
Slide show



The impact of circle dance on well-being: a qualitative study



Conclusion





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Many thanks!

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Cumbria 

TEN
years
2007-2017