

Hayes, Tracy ORCID: https://orcid.org/0000-0002-6330-6520 (2017) First-hand experience of nature: dancing on the palm of a hand. In: 20th IPA Triennial World Conference: Unleashing the Power of Play, 13-16 August 2017, Calgary, Alberta, Canada. (Unpublished)

Downloaded from: http://insight.cumbria.ac.uk/id/eprint/3725/

Usage of any items from the University of Cumbria's institutional repository 'Insight' must conform to the following fair usage guidelines.

Any item and its associated metadata held in the University of Cumbria's institutional repository Insight (unless stated otherwise on the metadata record) may be copied, displayed or performed, and stored in line with the JISC fair dealing guidelines (available <a href="here">here</a>) for educational and not-for-profit activities

#### provided that

- the authors, title and full bibliographic details of the item are cited clearly when any part of the work is referred to verbally or in the written form
  - a hyperlink/URL to the original Insight record of that item is included in any citations of the work
- the content is not changed in any way
- all files required for usage of the item are kept together with the main item file.

#### You may not

- sell any part of an item
- refer to any part of an item without citation
- amend any item or contextualise it in a way that will impugn the creator's reputation
- remove or alter the copyright statement on an item.

The full policy can be found here.

Alternatively contact the University of Cumbria Repository Editor by emailing <a href="mailto:insight@cumbria.ac.uk">insight@cumbria.ac.uk</a>.







## Tracy Hayes, Lecturer & Researcher

# First-hand Experience of Nature: Dancing on the Palm of a Hand

Swish, swoop! I am scooped up quickly yet gently and lifted out of the water. Opening my eyes, I look up into the human's face. She is smiling and quietly explaining to the smaller human next to her that I am a newt. Not just 'any old newt', I am special, a Crested Newt, I am Great. Because of this I am protected and they must have special permission (I think she said a license?) to handle me. She lays the net against her hand so that I can see out, and the small human can get a closer look.

"Look at his little feet, dancing on the palm of my hand. See his tiny toes, splayed out. And notice the stripe down his tail, what colour is it?"

The smaller one replies, "It's silvery-blueish-white, and his belly is a yellowy-orange." "That's right," says the first one, "Would you like to hold him?" The small one steps back, hands behind her, "Will it bite me?" "No." "Will its feet scratch me?" "No." The bigger human encourages the smaller one to place her hand below hers, then slowly removes her hand so that the net now rests on the small human's hand. My feet feel the skin of her palm - it prickles, making my feet move.

"Ooh, it's dancing! That's so tickly!" The small one laughs, "Come and look at this Grandma, I'm holding a newt".

A third human approaches, as big as the first one, although greyer in colour and slower moving. "Can I hold him?" she asks. Repeating the movements of earlier, the first human makes sure I am carefully transferred to the third hand. The voice it belongs to whispers, "Thank you, you've taken me back to my childhood. I used to catch these in the village pond, and bring them home in a jar. Such a shame they didn't survive." I shudder, I'm not ready to die, I close my eyes... then swish I'm back in the pond.

The first voice floats towards me, "There he's safely back where he should be, for the springtime pond party. Thank you Mr. Newt, what a lovely dancer you are. And look, now you're back in the water we can see your marvellous crest. What a handsome little newt." With a flash of my tail, I retreat to the bottom of the pond.

What a story I have to share with the other newts.

#### **Discussion Point**

Educational play in informal settings

#### **Discussion Point**

Encouraging & supporting play across the lifespan

### **Discussion Point**

Changing cultural and parental attitudes to play

Discussion Point
Need for a careful,
kind approach to

nature

## **Further information**

My poster exemplifies how a simple story can:

- Provide a useful way of exploring a diverse range of inter-generational perspectives on an activity.
- Be used to interpret first-hand experience of nature from the non-human perspective in this example, a newt captured as part of a community-based learning initiative.

**Keywords:** Experiential; Inter-generational; Playfulness; Creativeness; Creative Writing; Kindness; Story; Nature; Outdoor Learning.

For more about me and my work, please see www.makingsenseofnature.co.uk

Or email me: tracy.hayes@cumbria.ac.uk