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Cumbria Research & Innovation Conference
Achievement, Impact & Potential

Sustainable Solace: can this be achieved in practice?

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Introduction

Exploration of the natural world is not just a pleasant way to while away a few golden hours, it provides opportunities for comfort, peace, relief from everyday stresses and strains – we can find solace in nature...

My story...

The story-that-I-have-to-tell is from my adventures in the company of wolves.

The experience was a birthday gift, from my husband Ian, who came with me.



So if you're sitting comfortably...
"Haunted by the Sounds of Silence"

Can we find solace in nature...

- Without destroying the very fabric of nature in the process?
- How can we provide & sustain the benefits gained?
- Is it possible to create a balanced sanctuary for people, wildlife & nature, where none are exploited or damaged?



I invite you to consider my discussion paper and share with me your response...

So that I can attempt to answer his questions.



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