University of Cumbria

Youth Participatory Research Resources

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Contents

Purpose of this Document

This document is intended as a resource on youth participation research for practitioners and researchers wanting to involve young people more in their research. It contains two parts, one with a table on containing International Youth Participatory Research Resources, and the second with a table on Examples of Youth Participatory Health Research in the UK in the last 20 years. We hope both this resource will support an increase in the volume and quality of youth participatory health research.

Context

In the UK, young people, as defined as being 10-24 years old, face a range of major health issues, such as – chronic pain, cancer, diabetes and mental health issues (AYPH, 2019), many of which have been further exacerbated by Covid-19. People working on behalf of young people require research to help better understand the issues young people face in order to improve their health. A particularly successful, and ethical, approach to conducting this research is to involve young people in the design, delivery and dissemination of research, and not just include them as study subjects. There is a policy commitment to youth participation in the design and delivery of health-related services for young people expressed in Public Health England's *Framework for Young People's Health* (2014) and in National Institute for Health Research INVOLVE principles (2021). Youth participatory research is strongly advocated by research methodologists because it is found to improve the empowerment of young people, democratisation of knowledge, and ultimately, social justice (Torre, Fine, Stoudt & Fox, 2012; Cammota and Fine, 2008, Reason and Bradbury, 2001). And yet, in the main, research continues to only involve young people in research as study subjects, rather than being equal in participation and decision making

There are practical barriers to participatory research such as the challenge of time and resources – we are not able to offer any solutions to these age-old issues. A further barrier is the expertise and

knowledge needed to navigate participatory research with young people (Schäfer & Yarwood, 2009; Kellett, 2011; Faithfull, Brophy, Pennell & Simmons, 2019). This report is written to overcome this barrier. In it you will find a collection of online resources to support participatory research.

About this resource

Whilst youth participatory health research projects might be thin on the ground, there is no shortage of advice on how to conduct them. Our initial database search in OneSearch, ProQuest, SocIndex, Cinahl, Science Direct, PsycARTICLES, MEDLINE, JSTOR, ERIC, Pubmed Central, Web of Science and Google with the specific search criteria "Youth participatory action research" AND "Toolkit" OR "Resource" OR "Intervention" in English, yielded 126 results. Duplicates were removed and the most relevant and recent resources retained. Part A provides links to 53 resources written in English. The toolkits come from different contexts and span the participatory spectrum – that is to say, some include tools to support young people's participation IN research as participants whilst others support young people to BE researchers. Some toolkits are written with the specific aim of engaging specific groups of young people who may otherwise be excluded, so browse through for the resources most applicable to your setting.

As well as reading how to do participatory research in theory, we also found that reading examples of research was great for developing our ideas. As a result, Part B provides links to 40 examples of youth participatory health research in the UK from the last 20 years. The subjects and types of participation are again very diverse - the table will help you find the resource most appropriate to your context.

We hope you find this comprehensive resource list helpful in supporting you to undertake this important work with young people.

Part A: International Youth Participatory Research Resources

Authors or Organisation	Year	Title	What's in it	Link	Where
A360 Learning Hub	2016	Welcome to A360 Open Source	Toolkit overview: Inquiry, Insight synthesis, Prototyping, Adaptive Implementation	https://a360learninghub.org/open-source/	Ethiopia, Nigeria, Tanzania and Kenya
AAPCHO (Association of Asian Pacific Community Health Organizations	2012-2021	CBPR Toolkit	1. Background. 2. FAQ's. 3. What is CBPR. 4. Getting started with CBPR. 5. Ethical review and considerations. 6. Examples of CHC CBPR Activities. 7. Methodological issues and data collection. 8. Publishing. 9.Resources. 10. AA&NHOPI Demographic and health characteristics in the U.S. 11. Improving quality of health centre care and growing opportunities for AA&NHOPIs. 12. Additional resources	https://aapcho.org/cbpr-toolkit/	USA
Abbas, M.Y.	2010	Children, Youth & Environments (CYE): Lessons for Developing Countries	Overview of Children, Youth and Environments (CYE) issues that should be of utmost concern to developing countries, which aspire to become a developed nation. Children and youth involvement in participatory planning and design. Discussion on toolkits which can be replicated locally. Reference to UK's Achieving Excellence Design Evolution Toolkit (AEDET) and AEDET Evaluation Toolkit (for evaluating satisfaction levels amongst users). See below:	https://reader.elsevier.com/reader/sd/pii/S1877042812007987?token=A5C62ED7215585CB5DCCE5625FF189B7188DA0E0D54E98DDFE9F707AD8A427640E2118735CA46C465CA90C1B3150F	Malaysia

				637&origin Region=eu-west-1&originCr eation=202 105281332 26	
Act for Youth	2021	Resources for Youth Participatory Evaluation	Collection of other toolkits signposted.	http://actf oryouth.ne t/youth_de velopment/ evaluation/ resources.c fm	USA
Active Living Research	2010	Tools and Measures: Community Park Audit Tool (CPAT)	The Community Park Audit Tool (CPAT) is a user-friendly and reliable tool designed to evaluate parks for their potential to promote physical activity. Developed in 2010 with the involvement of over 30 community stakeholders from diverse disciplines (parks and recreation, public health, planning, youth agencies, high school students, etc.) through a series of three workshops and field testing in over 60 parks. The tool contains four sections – Park Information, Access and Surrounding Neighbourhood, Park Activity Areas, and Park Quality and Safety. Toolkit and Guidebook available to download	https://acti velivingres earch.org/c ommunity-park-audit-tool-cpat AND https://acti velivingres earch.org/s ites/activeli vingresearc h.org/files/ CPAT_Audit Tool_v3.pd f	USA
Advancement Project	n.d.	Community Research Toolbox	Toolbox resource includes: 1. A Short Guide to Community Based Participatory Action Research 2. Community Research Toolkit 3. Hyperlocal communications Toolkit 4. Maps for Community Organising 5. Participatory Asset Mapping Toolkit	https://ww w.healthyci ty.org/cbpa r-toolbox/	USA

Akom, A.	2017	Streetwyze Guide	1. Introduction. 2. Building real time community driven data and early warning systems that help achieve equity goals. 3. Understanding neighbourhood change as an opportunity for Partnership and Collaboration with vulnerable populations. 4. Building trust and social capital: strengthening the social fabric of neighbourhoods. 6. Conclusion: Building power and self-determination with vulnerable populations by integrating community driven data with big data and predictive analytics		https://www.streetwyze.com/wp-content/uploads/2021/01/StreetwyzeToolkit.pdf	USA
ARISE	2019	CBPR Corner	Community-based Participatory Research Approach - 1. Introduction. 2. CBPR Bulletin 3. The ARISE Approach to CBPB 4. Equitable Partnership 5. Piloting CBPR Training in Sierra Leone 6. Participatory Predicaments: Inclusion, safety and capitalising on community strengths 7. A synopsis of the Bangladesh training on CBPR 8. Photo Gallery: PAR training with Dalit Bahuhan Resource Centre		http://www.ariseconsortium.org/cbpr-arise-community-based-participatory-research/	USA - in Bangladesh, India, Kenya and Sierra Leone
Armstrong, A., Cansdale, M., Collis, A.R., Collis, B.E., Rice, S., & Walmsley, J.	2019	What makes a good self-advocacy project? The added value of co-production	Two self-advocates worked with two academics and others to produce a toolkit to help self-advocacy groups run better projects.		https://www.tandfonline.com/doi/epub/10.1080/09687599.2019.1613960?needAccess=true	UK

Arnold, M. - Washington State University	2020	YA4-H! Youth Advocates for Health: Youth Participatory Action Research	124-page curriculum - based on key principles of youth development and youth participatory action research. 7 sections with activities.	https://s3.us-west-2.amazonaws.com/wasnap-ed.org/wp-content/uploads/2020/08/YPAR-Training-Session-2-Slides-pdf.pdf	USA
asceevaluation.ca	n.d.	Monitoring and Evaluation in Arts for Social Change	Issues to Consider in Arts-Based Analysis - Examples. Why this resource? Community-based initiatives and social change, Who is this toolkit for? How to use this tool, Art for social change, Critical considerations before you start evaluation, Types of 'Art for social change' projects, Community-engaged art and its various terms, from evaluation to research, more about terminology	http://www.ascevaluation.ca/	Canada
Australian Government Department of Social Services: Families and Children	2019	On PAR - Using Participatory Action Research to Improve Early Intervention	1. Introduction. 2. About Participatory Action Research. 3. A Walk Through the PAR Process 3. Key Considerations in doing PAR. 4. Practical Strategies and Tools. 5. Case Examples. 6. Action Research Resources	https://www.dss.gov.au/families-and-children-programs-services-reconnect/on-par-using-participatory-action-research-to-improve-early-intervention?HTML	Australia

Better Evaluation	2008	A Kit of Tools for Participatory Research and Evaluation	Methods, approaches, resources, publications.	https://www.betterevaluation.org/en/resources/toolkit/a_kit_tools_participatory_research	UK
Centre for Community Engagement - California State University	2019	Community - Based Research Toolkit - 2019 Pilot Report	Report: 1. Summary. 2. What is Community-based Participatory Research? 3. Successes, Challenges & Suggestions. 4. Student reflections. Appendices: a. Partnership Development: i) Sample partnership agreement. ii) Sample process document b. Planning and Project Development: i) Sample timeline and accountability document ii) Additional PAR resources c. Student impact: sample reflection questions	https://www.csulb.edu/sites/default/files/groups/center-for-community-engagement/cbpar_toolkit_2019.pdf	USA
Centre for Young People's Participation	2009	Participatory Action and Learning Experiences with Roma Youth	Training Manual	http://www.editura.ubbcluj.ro/bd/ebooks/pdf/2009.pdf	
Child Hub Terre des Hommes	2020	YouCreate toolkit - Participatory arts-based action research for well-being and social change	YouCreate Project Guide, YouCreate Art Kit and YouCreate Project Report available in English, French and Arabic	https://childhub.org/en/child-protection-online-library/youcreate-toolkit-participatory-arts-based-action-research-well v	Hungary

			Includes: Identification tools (e.g. Community mapping/puppet show), Prioritizing Tools (e.g. Diamond ranking/paper houses), Analysing Tools (e.g. Why? Why? Why? /Tree analysis), Planning Tools (e.g. Time machine/rocks and carts),	- https://res ourcecentr e.savethec hildren.net /node/115 78/pdf/chil d_friendly_ par_toolkit _small.pdf	
Childfund International	2010	Child and Youth Friendly participatory action research toolkit			Internati onal
Centre for Social Justice and Community Action, Durham University	2012	Resources for Participatory Action Research	1. Our Approach. 2. Resources: a) Approaches to doing research together b) Participatory action research toolkit: an introduction to using PAR as an approach to learning, research and action c) Co-inquiry toolkit. Community-university participatory research partnerships: co-inquiry and related approaches d) Community toolkit. A guide to working with universities e) Research in transition: Developing guidelines for activist-academic research collaborations Mapping impact together: Alternative approaches to impact in co-produced research 3. TACKLING ETHICAL ISSUES: a. Community-based participatory research: A guide to ethical principles and practice b. Doing research together: How to make sure things are fair and no one is harmed c. Ethics in community-based participatory research: Case studies, case examples and commentaries d. Performing ethics: Using participatory theatre in community-based participatory research e. Dilemmas cafés: A guide for facilitators FILMS: i. Co-inquiry group, Growing ethics, Breaking down barriers ii) Forum Theatre: Participatory	https://ww w.durham. ac.uk/medi a/durham- university/r esearch- /research- centres/soc ial-justice- amp- community -action- centre- for/docum ents/toolkit s-guides- and-case- studies/Res ources-for- PAR--- Handout.p df	UK

			ethics through participatory theatre 4. CASES: Case examples and case studies		
Equinet	2017	Participatory action research methods, tools and ethics	Resources including: Participatory Action Research Methods, Tools and Ethics. Community toolbox, Participatory Action Research	https://www.equinetafrica.org/par/sections/participatory-action-research-training-resources	USA
Family Youth Service Bureau	2017	Power through partnerships: A CBPR toolkit for domestic violence researchers	Online Toolkit: Section one: Overview of CBPR and its importance to the Domestic Violence Field. Section two: Preparation and Planning. Section three: CBPR Values and Practices in the Domestic Violence Context. Downloadable Toolkit. Videos. Extra Tools to download: Consent to Participate in Research Form. Co-created CBPR Project Principles and Agreements. Examples of CBPR Partnerships. Sample Scholarly Article Summary.	https://cbprtoolkit.org/	USA
Funds for NGOs	2021	A Free Child and Youth-Friendly Participatory Action Research Toolkit	PDF toolkit to download	https://freeresources.fundsforngos.org/how-to-guides/a-free-child-and-youth-friendly-participatory-action-research-toolkit/	

Hall, R., Brent, Z., Franco, J., Isaacs, M., & Shegro, T.	n.d.	A Toolkit for Participatory Action Research	1. Introduction. 2. What is action research? 3. Action research as political practice 4. Participatory methods of research 5. Typical challenges in action research 6. Toolkit: a. research methods you can use b. Mapping c. Timelines d. Key actor analysis e. Visioning 7. Practical Tip 8. Case Study: Bottom-up Accountability Initiatives and Large-Scale Land Acquisitions in Africa a. Theory of change b. Research questions c. Themes d. Action items e. Additional Questions 9. References and further resources 10. Endnotes	https://www.tni.org/files/publication-downloads/a_toolkit_for_participatory_action_research.pdf	Canada
Healthy City, A Community Research Lab Guide	2011	A Short Guide to Community Based Participatory Action Research	1. What is Community Based Participatory Action Research? 2. CBPAR and Place-Based Research 3. Community Participation and Engagement 4. Benefits of CBPAR 5. Research Ethics in CBPAR 6. Planning a CBPAR 7. Resources. Link to Online Toolbox see below:	https://hc-v6-static.s3.amazonaws.com/media/resources/tmp/cbpar.pdf	USA

Hildebrand, J., Lobo, R., Hallett, J., Brown, G., & Maycock, B.	2012	My-Peer Toolkit [1.0] Developing an online resource for planning and evaluating peer-based youth programs	Online resource for planning and evaluating peer-based youth programs. Toolkit is a resource aimed at supporting agencies to implement and evaluate peer-based programs for young people using good practice guidelines. Includes activities, forms etc. Peer-based programs for young people represent an approach in which young people provide a source of informal support for other young people. 5 young people aged 18-27 were involved in two cycles of participatory action research to implement, validate and redevelop approaches and tools. 20 of the 23 tools were incorporated in the My-Peer Toolkit.	http://mypeer.org.au/tools	Australia
International Collaboration for Participatory Health Research	2021	Kids in Action	Includes Resources and Networks and link to Projects. Activities of ICPHR include: 1. Developing guidelines for conducting and evaluating PHR. 2. Describing the unique impact of PHR as compared to other research approaches. 3. Describing which forms of theory and evidence are produced by this approach as compared to other forms of health research. 4.Finding a means for conducting systematic reviews of the PHR literature in order to contribute to the body of international knowledge on improving community health. 5. Creating a database of resources on the theory, practice, and outcomes of PHR. Projects - including contact details: a. Criteria for writing-up and appraising PHR b. Fundraising and Strategy for the ICPHR. c. Supporting Post-Graduate research students doing PHR. d. Engaging NGO's	http://www.icphr.org/kids-in-action.html	Netherlands

			in in the work of the ICPHR. e. Participatory Epidemiology f. Migrant Health		
International Institute for Child Rights and Development (IICRD) and Terre des hommes	2019	YouCreate Project Guide: Participatory Action Research for Young Change Makers 2019	Adult Allies - Guidance, activities, forms. 3-month project or mini-PAR project over 1 week. The Art-kit includes participatory activities to support Youth Leaders to plan, implement, monitor, and evaluate youth-led Art-Action projects.	https://childhub.org/sites/default/files/library/attachments/200610_tdh_youcreate_projectguide_en_light.pdf	Swiss organisation working in Europe - specifically Bosnia and Herzegovina, Bulgaria, Croatia, Montenegro, Serbia, Albania, Kosovo, Moldova, Romania, Ukraine, Hungary and Greece
Llano Grande Center	2001	Showtime	Resources/tools recommended for supporting teacher preparation and implementation of student action research. Digital story telling Toolkit: Showtime - Prologue, What's your story? Introduction, Now Showing, The Cast, The Producer, The Writer, The Director, The Editor, The Appendix, Learning Community.	http://captura.llanogrande.org/	USA

Michigan.gov. The Department of Labor and Economic Opportunity	n.d.	MiSTEM Network. Youth-led Participatory Action Research	Resources: 1. YPAR and Equitable Practice in Science Education. 2. 3-P Learning and YPAR. 3. YPAR Key Research. 4. Implementation Guide. 5. Conflict – How Do You See It? 6. YPAR Participant Engagement Contract	https://www.michigan.gov/leo/0,5863,7-336-94421_81797_101918_101920_104413---,00.html	USA
Ministry of Children and Family Development,	2013	Youth Engagement Toolkit Resource Guide	The resource guide is divided into 3 primary areas: YOUTH ENGAGEMENT FRAMEWORK AND FOUNDATIONS - key concepts of youth engagement - what it is, why it's important, the benefits, and how it can be practiced. PRACTICAL STRATEGIES FOR YOUTH ENGAGEMENT - practical strategies for engaging youth and tips on how to overcome some common challenges. ENGAGING YOUTH FROM DIVERSE BACKGROUNDS - context for working with different youth communities including e.g. Aboriginal youth, deaf and hard of hearing youth, newcomer youth, LGBTQ2S youth, youth in care, young parents, homeless youth and youth in custody	https://www2.gov.bc.ca/assets/gov/family-and-social-supports/data-monitoring-quality-assurance/information-for-service-providers/youth_engagement_toolkit_resource_guide.pdf	Canada
MYAN Maine Youth Action Network	n.d.	Youth Participatory Action Research	1. Turning a topic you care about into a research question. 2. Matching methods with research questions: Examples of research methods in practice. 3. Producing data. 4. Analysing data 5. Telling the story and presenting the findings. 6. How do we make change? 7. Further resources and inspiration library	https://www.myan.org/wp-content/uploads/2020/09/YPAR-handbook_6.12.20.pdf	USA

National Youth Agency	2021	Young Researchers Network	What we do, how to get involved, examples of reports, accreditation available.	https://nya.org.uk/skills/live-programmes/young-researcher-and-youth-advisor-network/	UK
Ontario Centre of Excellence for Child and Youth Mental Health.	2016	Walking the Talk: a toolkit for engaging youth in mental health	What is youth engagement? Why it matters, Take action, Share your story. Newest toolkit will give a better understanding of youth engagement and how it can directly benefit agencies in child and youth mental health sector.	http://www.yetoolkit.ca/	Canada
Oregon Gov.	2014	The Institute for Community Research's Action Research Curriculum	Module 1: Promoting positive youth development: youth participatory action research and youth adult partnerships. Module 2: Laying the foundation of the action research team Module 3: Introduction to youth participatory action research Module 4: Identifying the issue and selecting a research question. Module 5: Methodologies. Module 6: Developing a research plan. Module 7: Developing research instruments. Module 8: Data collection. Module 9: Data analysis. Module 10: Presenting key findings. Module 11: Presenting the data for social change. Module 12: Celebration. Each module has resources within it	https://www.oregon.gov/OHA/PH/HealthyPeopleFamilies/Youth/Documents/CurriculumYPAR2014.pdf	USA

Oregon Health Authority: Youth Health Public Health Division	n.d.	About the YPAR Curriculum. Introduction to YPAR Webinar. Evaluation of YPAR Pilot Project	YPAR Curriculum - Step by step instructions and activities for guiding a group of young people through the action research process e.g. specific social or health topic. Includes video from Webinar Provides step-by-step instructions and activities for guiding a group of young people through the action research process.	https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/Pages/youth.aspx	USA
Oxfam Novib Academy	2019	Youth-Led Participatory Action Research	1. How to empower youth to generate knowledge about and take action to improve their lives? 2. Why? 3. How? 4. What? 5. How does it work? 6. Example: YPAR on teenage pregnancy 7. Impact	https://oxfamnovibacademy.wordpress.com/2019/02/06/youth-led-participatory-action-research/	The Netherlands
Pain, R., Whitman, G., & Milledge, D. (Durham University) & Lune Rivers Trust	2010-2011	Participatory Action Research Toolkit	1. Collaboration. 2. Knowledge. 3. Power. 4. Ethics. 5. Building theory 6. Action. 7. Emotions and wellbeing	http://communitylearningpartnership.org/wp-content/uploads/2017/01/PARtoolkit.pdf	UK
Powershift Network	n.d.	Resource Bank	Network of young people, - organisations run by young people, and campaigns that support youth organizing. Toolkit/guide/manual/workbook – A participatory research toolkit on how to do community surveys to support social justice – Creating Surveys Toolkit	https://www.powershift.org/resources/power-our-people-participatory-research-kit-creating-surveys	USA

Population Services International (PSI)	2021	The Adolescents 360 Blueprint for Change	Blueprint for Rapid Change, Blueprint for rapid change13 - guide and toolkit. Programmatic blueprint provides a practical guide for replication—with the flexibility to tailor to context in partnership with young people. Practical guide for how to work with and for young people to drive youth-powered sexual and reproductive health breakthroughs — all with the flexibility to tailor to the contexts in which a project operates.	https://www.psi.org/wp-content/uploads/2020/02/BlueprintForRapidChange.pdf	Ethiopia, Nigeria,Tanzania and Kenya
Rain Barrel Communications	2018	Participatory Research Toolkit	Participatory research tools developed over a 20-year period and used in multiple social and behaviour change communication (SBCC) projects around the world. 1. A Day in the Life 2. Ask 5 3. Body Mapping. 4. Cannot Do, Will Not Do, Should Not Do 5. Card Sorts and Card Ranking 6. Case Studies for a Set of Units 7. Community Empowerment Scorecards 8. Complete-the-Story/Vignettes 9. Diaries 10. Direct Observations 11. Draw and Describe 12. Free Listing/Word Associations 13. Health Facility Surveys 14. Letters, Phone Calls, Social Media Posts 15. Mobility Maps 16. Most Significant Change/Stories of Change 17. Oral Histories 18. Participatory Photography and Photovoice 19. Participatory -Theatre 20. Participatory Video 21. Public Declarations/Pledges 22. Social Network Mapping 23. Confidence Snails 24. 2x2 Tables for Social Norms	https://static1.squarespace.com/static/5df678c23b758e75366c17cd/t/5e65c84187bd3863b8389431/1583728710133/Participatory+Research+Toolkit+Rain+Barrel+Communications.pdf	Examples of PAR in Bangladesh, Cambodia, Ethiopia, India, Indonesia, Jamaica, Mozambique, Nepal, Rwanda, and Sierra Leon

Rutgers	2020	Explore	Explore' - Toolkit for involving young people as researchers in sexual and reproductive health and rights programmes. Toolkit includes: Toolkit instructions/case studies, Guidance, 3 types of training manuals to train and support young people to conduct qualitative research: Peer review handbook. Monitoring and evaluation and research in SRHR programmes for young people: Training manual and Handbook, -Research Training Manual. Toolkit adaptable to other topics/fields	https://www.rutgers.international/our-products/tools/explore	The Netherlands. Working to improve the sexual and reproductive health and rights in the Netherlands, Europe, Asia, Africa and Latin America
Save the Children	2018	Youth Voices: Participatory action research with adolescents affected by the Syria crisis in Egypt and Lebanon	Section 1 - explains what PAR is and how it can be applied to adolescents and youth in humanitarian contexts. Section 2 summarises the Youth Voices project, identifies lessons learned and highlights key recommendations. Section 3 Shares 'how to' guide for anyone considering introducing the PAR approach with adolescents and youth in humanitarian contexts. Practical tools and resources, which can be adapted for use in other projects are offered e.g. Community mapping, Exploration (e.g. community walks).	https://resourcecentre.savethechildren.net/node/13182/pdf/par_lessons_learned_report_how_to_guide.pdf	International
Students at the Centre Hub	2015	Youth Participatory Action Research - Learn about YPAR	More YPAR Resources: including - Action Research Plus. Community Toolbox. YPAR Elementary Education Materials	http://yparhub.berkeley.edu/learn-about-ypar/	USA

The Centre for Youth Impact	2021	Resource Hub	Set of resources to support evaluating work with young people. Asking Good Questions Framework - 6 questions. 1. Why do you do what you do? 2. What actually are you doing? 3. Are you doing it consistently well? 4. Are you true to your premises? 5. What do young people think about what you do? 6. Are you achieving your aims?	https://www.youthimpact.uk/what-we-do/resource-hub	USA
The Educational Video Center	2018	We are All Connected	Resources/tools recommended for supporting teacher preparation and implementation of student action research. We Are All Connected - digital media project. Mission and History, Youth Documentary Workshop, Special Project - unequal education revisited. Curriculum materials, study guides, and research articles in support of the documentary work it has done and for teachers to access in and for their classrooms.	-https://evc.org/	USA
The Research Hub for Youth Organizing and Education Policy	n.d.	Youth Participatory Action Research (YPAR) Teacher's Toolkit	Why You Should Use This Toolkit. 2. How You Can Use this Toolkit: Underlying beliefs, Your role, Examples from PJU, Key Definitions, things to consider Before Betting Started. 3. This Toolkit: Planning a Meeting or Workshop Agenda 4. Activities in the YPAR Cycle: Build Community, Select a Problem, Collect and Analyse Data, Develop Policy Arguments and Share With Public Audiences 5. Additional Resources	https://www.colorado.edu/education-research-hub/sites/default/files/attached-files/pju_teachers_toolkit_final_version_sio_last_edits_done.pdf	USA

UNC Center for Health Promotion and Disease Prevention	2016	SNAP-Ed Toolkit. Obesity Prevention Interventions and Evaluation Framework	Overview. 1. Intervention Reach and Adoption. 2. Intervention Components. 3. Intervention Materials. 4. Intervention Costs. 5. Evidence Summary. 6. Evaluation Indicators. 7. Evaluation Materials. 8. Additional Information	https://snapedtoolkit.org/interventions/programs/youth-participatory-action-research-projects-ypar/	USA
Young and Well Co-operative Research Centre : Hagen, P., Collin, P., Metcalf, A., Nicholas, M., Rahilly, K., & Swainston, N.	n.d.	Participatory Design of evidence-based online youth mental health promotion, intervention and treatment	1. Introduction 2. The focus of this guide 3. Using the framework and guide 4. Participatory Design: An overview 5. A Participatory Design approach to youth mental health interventions. 6. A framework for the Participatory Design of evidence-based online youth mental health interventions 7. Methods and artefacts 8. Case study: ReachOut.com 9. Social media. 10. Participatory Design: Best practice. 11. References and resources.	https://www.westernsydney.edu.au/__data/assets/pdf_file/0005/476330/Young_and_Well_CRC_IM_PD_Guide.pdf	Australia
Youth Activism Project YPAR Guide.	2018	What is Youth Participatory Action Research? A where-to-start guide for youth, educators, and youth workers around the world.	1. Introduction. 2. What is Youth Participatory Action Research (YPAR)? 3. Why is YPAR important? YPAR Spotlight: Serbia, YPAR Spotlight: USA 4. How to do YPAR: YPAR Spotlight: Brazil 5. Challenges in YPAR: YPAR Spotlight: Indonesia, YPAR Spotlight: Guatemala. 6. Toolkits and Other Resources	https://youthactivismproject.org/wp-content/uploads/2018/05/Youth-Activism-Project-YPAR-Guide.pdf	USA

Youth Voices	2010	Youth Voices Guide Introduction 2-7	Guide: Why use this guide? Effective at engaging and working with youth. Promotes authentic youth participation and ownership of projects. Contributes to the personal growth and confidence of participants. Powerful process for promoting dialogue, critical reflection and community connection. Builds strong communities. Impacts on programming and policy. Can be used with existing methods and programs. Youth Voices process is a cycle of six main phrases: 1. Engage 2. Identify 3. Plan. 4. Act. 5. Reflect, Research and Reward. 6. Sustain	-https://issuu.com/youthvoicesresearch/docs/youth-voices-guide--pages-2-7-	Canada
Youth-Nex and Equity Center	2021	Youth Action Lab	Video - 1. What YPAR. 2. Who are we? 3. The Process 4. Research Methods. 5. YPAR in Practice 6. Why YPAR. 7. Conclusion	https://www.youtube.com/watch?v=wjxhiisuqf8	USA
Youthprise	2020	Youth - Participatory Action Research Toolkit	Within the YPAR Toolkit are activities, handouts, tips, and reflections that facilitate lessons on building authentic relationships, co-creating with community, defining YPAR, creating a YPAR proposal for funders, outreaching to community, collecting data, analysing with community, building solutions with community, and making action plans that move data into transformative action.	https://youthprise.org/ypar-toolkit/	USA

YPAR Hub	2015	New virtual learning curriculum	Virtual Resources: Virtual Curriculum, Virtual Photovoice Curriculum. Learn about YPAR: What is YPAR? YPAR Action. Get started: Youth & Adults, Community Support, YPAR Basics, Team-Building, Understanding Oppression. Define Issue: Project design, Community Strengths and Problems, Choosing Specific Issue. Investigate: Existing data, Focus Groups, Interviews, Mapping, Observations, Photovoice, Surveys. Take Action: Getting the word out, Changing the world, Evaluating Progress	http://yparhub.berkeley.edu/	USA
YPAR Hub	2015	Photovoice	Methods to Present Photos: Objectives, Stories and Tactics Behind Pictures: Objectives, Ethics and Photography: Objectives, Practicing Photography: Objectives, Point of view in Photography: Objectives, Creating a Storyline in Pictures: Objectives, Writing Your Story: Objectives, Identifying & Photographing Assets using SHOWeD Process: Objectives, Issue Mapping Through Photovoice: Objectives, Asset Mapping Through Photovoice: Objectives, Methods to Present Photos: Objectives	http://yparhub.berkeley.edu/investigate-method/photovoice/	USA

Part B: Examples of Youth Participatory Health Research in the UK in the last 20 years.

Authors	Year	Article Title / Chapter Title	Topic	Type of research	doi
Ali, S., de Viggiani, N., Abzhaparova, A., Salmon, D., Gray, S.	2020	Exploring young people's interpretations of female genital mutilation in the UK using a community-based participatory research approach	FGM	CBPR	doi:10.1186/s12889-020-09183-6
Taylor, J., Bradbury-Jones, C., Hunter, H., Sanford, K., Ibrahim, N.	2014	Young People's Experiences of Going Missing From Care: A Qualitative Investigation using Peer Researchers	Looked after children	PM	doi:10.1002/car.2297
Matthew, L., Barron, I., & Hodson, A.	2019	Participatory Action Research: Confidentiality and Attitudes of Victimized Young People Unknown to Child Protection Agencies	Child sexual abuse	PAR	doi: https://doi.org/10.1007/s42448-019-00020-x
Dunn, V.	2017	Young people, mental health practitioners and researchers co-produce a Transition Preparation Programme to improve outcomes and experience for young people leaving Child and Adolescent Mental Health Services (CAMHS).	Mental health	PM	doi: 10.1186/s12913-017-2221-4

Mawn, L., Welsh, P., Stain, H.J., & Windebank, P.	2015	Youth Speak: increasing engagement of young people in mental health research	Mental health	PAR	doi: https://doi.org/10.3109/09638237.2014.998810
Carter, B., Coad, J., Brady, L., Goodenough, T., Moore, A., Anderson, C., Clinchant, A., & Widdas, D.	2012	Home-based care for special healthcare needs: community children's nursing services	Children's Nursing Services	PM	doi: 10.1097/NNR.0b013e31825b6848
Clarke, G., Boorman, G., & Nind, M.	2011	'If they don't listen I shout, and when I shout they listen': hearing the voices of girls with behavioural, emotional and social difficulties	Education	PM	https://doi.org/10.1080/01411926.2010.492850
Stevens, I.	2006	Consulting Youth about Residential Care Environments in Scotland	Care standards	PM	link: https://www.jstor.org/stable/10.7721/chilyoutenvi.16.2.0051
Stevens, A., Coulton, S., O'Brien, K., Butler, S., Gladstone, B., & Tonkin, J.	2014	RisKit: The participatory development and observational evaluation of a multi-component programme for adolescent risk behaviour reduction	Risk	PC	-doi: 10.3109/09687637.2013.787526
Savona, N., Knai, C., & Macauley, T.	2019	Investigating system-level drivers of obesity with adolescents: a group model-building exercise	None listed	PM	doi:10.1016/S0140-6736(19)32880-6

Trotman, D., Enow, L., & Tucke, S.	2019	Young people and alternative provision: Perspectives from participatory - collaborative evaluations in three UK local authorities	Education	PE	-doi: 10.1002/berj.3495
Gibson, F., Aldiss, S., Horstman, M., Kumpunen, S., & Richardson, A.	2010	Children and young people's experiences of cancer care: A qualitative research study using participatory methods	Cancer	PM	doi: 10.1016/j.ijnurstu.2010.03.019
Taylor, R.M., Mohain, J., Gibson, F., Solanki, A., Whelan, J., Fern, L.A.	2015	Novel participatory methods of involving patients in research: naming and branding a longitudinal cohort study, BRIGHTLIGHT.	Cancer	PM	doi 10.1186/s12874-015-0014-1
Benaton, T., Bowers-Brown, T., Dodsley, T., Manning-Jones, A., Murden, J., & Nunn, A.	2020	Reconciling care and justice in contesting social harm through performance and arts practice with looked after children and care leavers	Looked after children	PM	doi: 10.1111/chso.12370
Bostock, J., & Freeman, J.	2003	'No limits,: doing participatory action research with young people in Northumberland.	Children's services	PAR	https://doi.org/10.1002/casp.751
Booth, J.N., Chesham, R.A., Brooks, N.E., Gorely, T., & Moran, C.N.	2020	A citizen science study of short physical activity breaks at school: improvements in cognition and wellbeing with self-paced activity	Physical activity	CS	https://doi.org/10.1186/s12916-020-01539-4

Hunt, A., Brown, E., Coad, J., Staniszewska, S., Hacking, S., Chesworth, B., & Chambers, L.	2015	"Why does it happen like this?' Consulting with users and providers prior to an evaluation of services for children with life limiting conditions and their families	Health care	PC	doi: 10.1177/1367493513510630
Cooper, S.	2014	Putting collective reflective dialogue at the heart of the evaluation process	Youth work	PE	doi: 10.1080/14623943.2014.900019
Nobles, J., Thomas, C., Gross, A.B., Hamilton, M., Trinder-Widdess, Z., Speed, C., Gibson, A., Davies, R., Farr, M., Jago, R., foster, C., & Redwood, S.	2020	"Let's Talk about Physical Activity": Understanding the Preferences of Under-Served Communities when Messaging Physical Activity Guidelines to the Public	Physical activity	PM	doi: 10.3390/ijerph17082782
McAndrew, S., Warne, T., Fallon, D., & Moran, P.	2012	Young, gifted, and caring: A project narrative of young carers, their mental health, and getting them involved in education, research and practice	Mental health	PC	doi: 10.1111/j.1447-0349.2011.00762.x
Hodges, C.E.M., Fenge, L-A., & Cutts, W.	2014	Challenging perceptions of disability through performance poetry methods: the 'Seen but Seldom Heard' project.	Disability	PM	doi: 10.1080/09687599.2014.907775.
Rogers, J., Carr, S., & Hickman, C.	2018	Mutual benefits: The lessons learned from a community based participatory research project with unaccompanied asylum-seeking children and foster carers.	Asylum	CBPR	doi:10.1016/j.childyouth.2018.01.045

Sime, D.	2008	Ethical and methodological issues in engaging young people living in poverty with participatory research methods	Poverty and participation	PM and PPI	doi:10.1080/14733280701791926
Dovey-Pearce, G., Walker, S., Fairgrieve, S., Parker, M., & Rapley, T.	2019	The burden of proof: The process of involving young people in research	Health care	PAR	doi:10.1111/hex.12870
Coad, J.	2013	Involving young people as co-researchers in a photography project	Health beliefs	PAR	doi: 10.7748/nr2012.01.19.2.11.c8903.
O'Brien, N., & Moules, T.	2007	So round the spiral again: a reflective participatory research project with children and young people	Education	PAR	doi: 10.1080/09650790701514382
Petrie, S., Fiorelli, L., & O'Donnell, K.	2006	'If We Help You What Will Change?'— Participatory Research with Young People.	Teenage pregnancy	PAR	-doi: 10.1080/09649060600762332
Percy-Smith, B.	2007	You think you know? ... You have no idea': youth participation in health policy development.	Health care	CBAR	doi: 10.1093/her/cym032
Godin, P., Davies, J., Heyman, B., Reynolds, L., Simpson, A., & Floyd, M.	2007	Opening communicative space: A Habermasian understanding of a user-led participatory research project	Mental health	PR	-doi: 10.1080/14789940701470283

Dunn, V., & Mellor, T.	2017	Creative, participatory projects with young people: Reflections over five years	Participation	PM	doi: https://doi.org/10.18546/RFA.01.2.05
Lundy, L., McEvoy, L., & Byrne, B.	2011	Working With Young Children as Co-Researchers: An Approach Informed by the United Nations Convention on the Rights of the Child	Education	PAR	http://dx.doi.org/10.1080/10409289.2011.596463
Yanar, M.Z., Fuzli, M., Rahman, J., & Farthing, R.	2016	Research Ethics Committees and Participatory Action Research With Young People	Youth Voice	PAR	https://www.jstor.org/stable/90012141
Shepherd, E., Hoyle, V., Lomas, E., Finn, A.,& Sexton, A.	2020	Towards a human-centred participatory approach to child social care recordkeeping	Children's Social Care Records	PAR	doi:10.1007/s10502-020-09338-9
Bailey, D., Kemp, L., Wright, N., Mutale, G.	2019	Talk About Self-Harm (TASH): participatory action research with young people, GPs and practice nurses to explore how the experiences of young people who self-harm could be improved in GP surgeries	Mental health	PAR	doi:10.1093/fampra/cmz006
Lea, S., Martins, A., Morgan, S., Cargill, J., Taylor, R.M., Fern, L.A.	2018	Online information and support needs of young people with cancer: a participatory action research study	Cancer	PAR	doi: 10.2147/AHMT.S173115
Kendal, S.E., Milnes, L., Welsby, H., Pryjmachuk, S., & Co-Researchers' Group	2017	Prioritising young people's emotional health support needs via participatory research	Mental health	PR	https://doi-org.cumbria.idm.oclc.org/10.1111/jpm.12373

Graham, T., Rose, D., Murray, J., Ashworth, M., & Tylee, A.	2014	User-generated quality standards for youth mental health in primary care: a participatory research design using mixed methods	Mental health	PR	-doi:10.1136/bmjqs-2014-002842
Moules, T.	2009	They wouldn't know how it feels . . .': characteristics of quality care from young people's perspectives: a participatory research project	Hospital care	PR	doi: 10.1177/1367493509344824
Brady, G., & Franklin, A.	2019	Challenging dominant notions of participation and protection through a co-led disabled young researcher study.	Disability	PAR	doi:10.1108/JCS-03-2019-0016
Watson, M., & Douglas F.	2012	It's making us look disgusting…and it makes me feel like a mink…it makes me feel depressed!: using photovoice to help 'see' and understand the perspectives of disadvantaged young people about the neighbourhood determinants of their mental well-being	Mental health	CBPR	https://doi.org/10.1080/14635240.2012.723379

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