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# Transformative Learning in practice: a students perspective.

Peter Robinson – Coach and Professional Trainer

Ian Corrie – University of Cumbria

# Background

This presentation will tell the story of the student and their supervisors journey through the dissertation module and the learning as observed from both the supervisor and the students perspective.

#### MSc Coaching and Mentoring

MSc Coaching and Mentoring is designed for those who want to enter professional coaching, or for those who are already professional coaches but who wish to extend their knowledge and practice to Masters level.



# Background

"Transformative Learning approach can be a powerful experience that shifts their meaning perspective and can be epochal, a sudden dramatic reorientation insight, or incremental, involving a progressive series of transformations", Mezirow (2000).

The Transformative Learning pedagogical approach we have applied to the MSc is to take students through a number of reflective experiences including the use of artefacts to develop a deeper learning experience on this coaching MSc.

This promotes what Dirkx (1997) refers to as 'learning through soul' or the 'soul work' involved in Transformative Learning.



## **Threshold concepts**

Transformative Learning – Dirkx (2006), Mezirow (2000).

Professional Identity – Appleby and Pilkington (2014), Ibarra et al (2003).

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Liminality – Van Gennep (1960).
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Coaching – GROW – Whitmore (2018), Cox (2019).
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Reflection – Moon (1999).
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Transformative Coaching – Corrie & Lawson (2017).



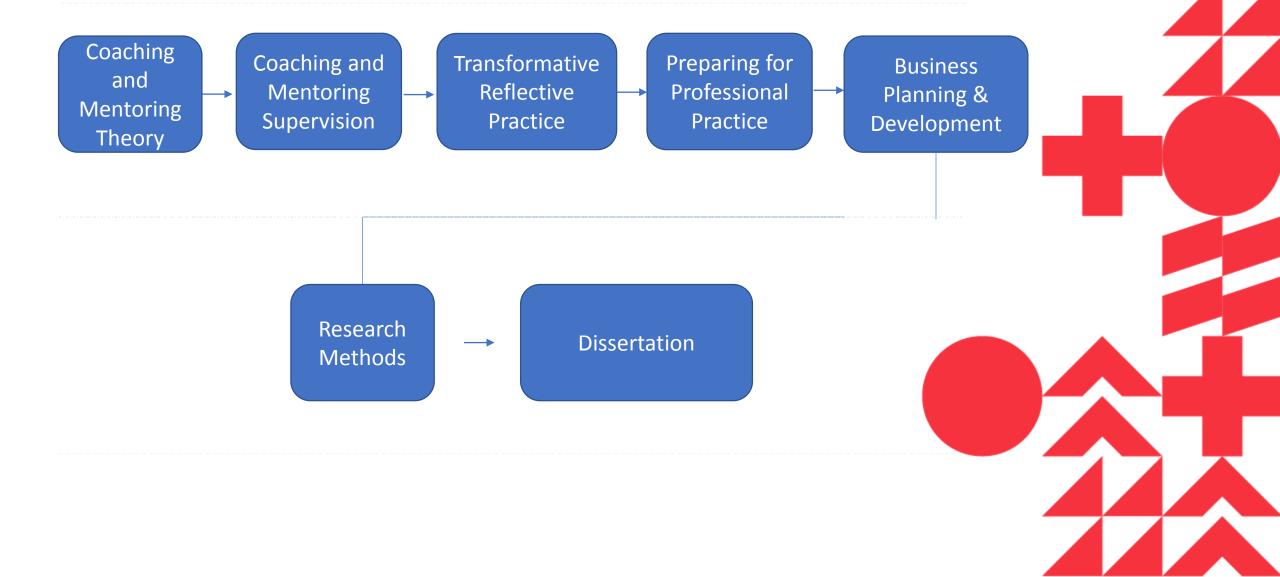
# **MSc Coaching and Mentoring**

The philosophy of the MSc was designed around the contemporary coaching and Transformative Learning literature combined with the experience that Ron and I had in working with Transformative Learning in Leadership and Coaching environments within the NHS, Police, Military and private sector.

The MSc was informed by Ron's Pro fDoc and the ProfDoc that I am currently finishing, and based on the in depth understanding that we had developed into the work of Jack Mezirow, John Dirkx and Victoria Marsick.

The MSc is aimed at those professionals wanting to enter Coaching or those in positions where this would be validation of existing knowledge skills and experience.

### **MSc – Progression of modules**



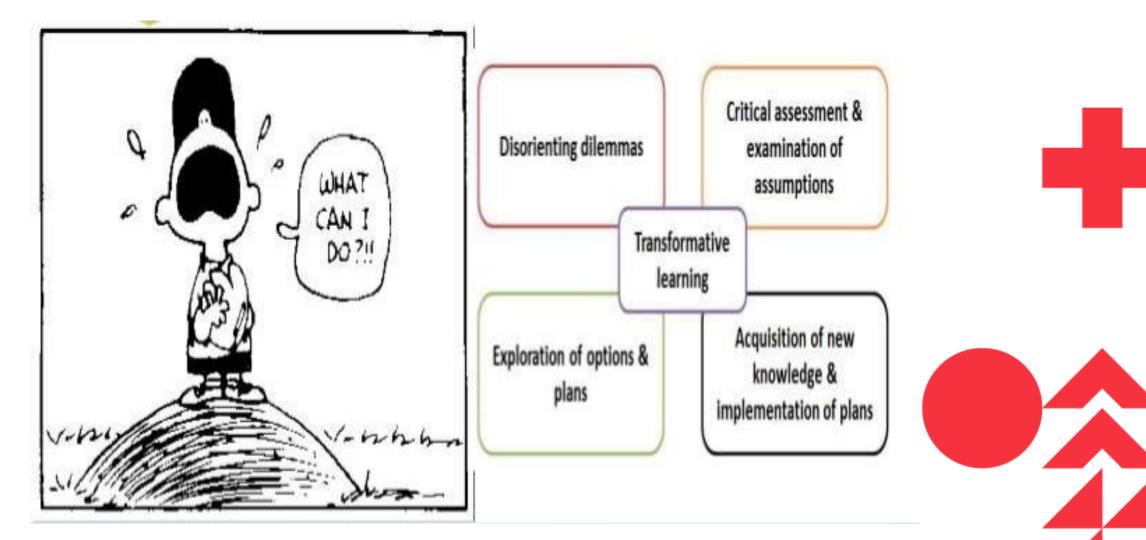
## Cohort 1 – Sept 2017

The first cohort attracted 14 students from diverse backgrounds including:

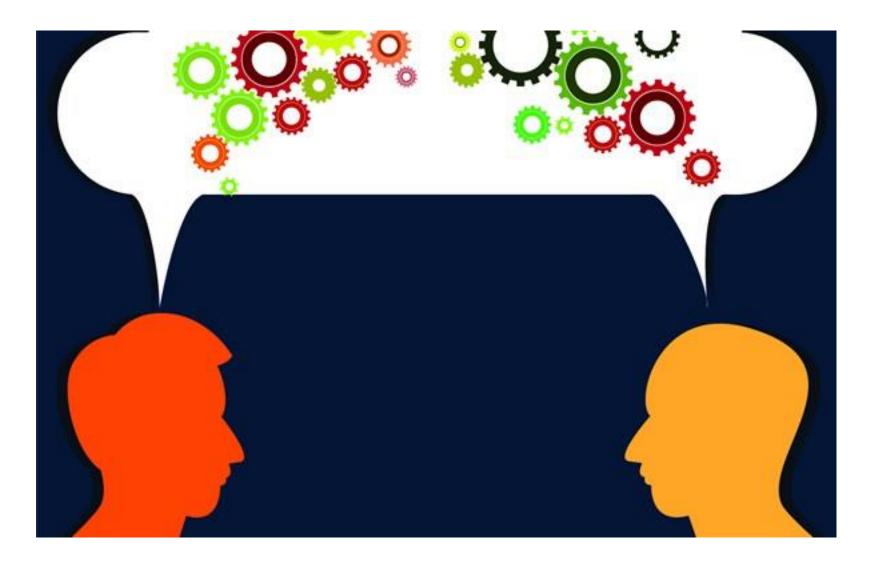
Professional Trainers Company Directors Educators A senior administrator NGO workers British Army A Learning Technologist NHS Manager Professional coaches

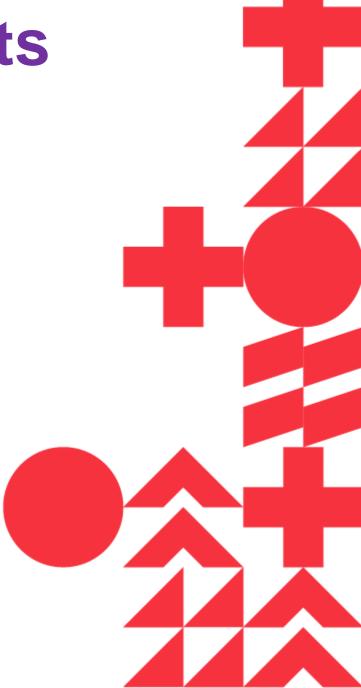


#### **The Students Journey**



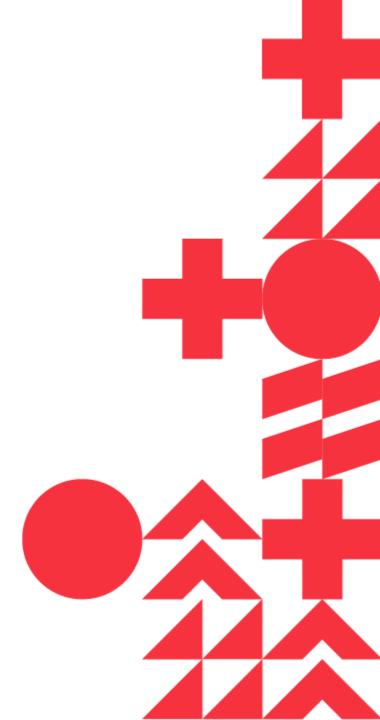
### Using coaching with students





### Any questions





# Bibliography

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Dirkx, J. M., Mezirow, J., & Cranton, P. (2006). Musings and reflections on the meaning, context, and process of transformative learning: A dialogue between John M. Dirkx and Jack Mezirow. *Journal of Transformative Education*, *4*(2), 123-139.

Gennep, A. V. (1960). The rites of passage.

Ibarra, H., & Petriglieri, J. L. (2010). Identity work and play. *Journal of Organizational Change Management*, 23(1), 10-25.

Mezirow, J. (2000). *Learning as transformation: Critical perspectives on a theory in progress*. San Francisco: Jossey-Bass

Whitmore, J. (2010). *Coaching for performance: growing human potential and purpose: the principles and practice of coaching and leadership*. Hachette UK. Reflection – Moon (1999)

