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Welcome to this issue of the FEPSAC Newsletter – Fédération Européenne de Psychologie des Sport et des Activités Corporelles (European Federation of Sport Psychology).

1. Report on the 14th World Congress of Sport Psychology

By Kanyali Ilako, Meryl-lyn Semograd, & Vasilis Vertoudakis (students at the University of Thessaly in Greece).

The 14th World Congress of Sport Psychology was held in Seville, Spain between the 10th and 14th of July, 2017. The International Society of Sport Psychology (ISSP) organized this congress that takes place every four years to enrich and exchange the knowledge between professionals in the field of sport and exercise psychology worldwide. It was the first time we attended a conference of this magnitude making it an inspirational experience for our multi-cultural students and graduates from the European Masters of Sport and Exercise Psychology in Trikala, Greece, as we were able to enrich our inquisitive minds as well as experience the beautiful and historical city of Seville. The program was organized such that we were able to attend at least one keynote lecture and a minimum of three symposiums per day. The topics varied from discussions on applied sports psychology and research. The speakers ranged from individuals with numerous years of experience to students that had recently graduated making it useful to have both perspectives. The temperature in Seville was always above 40 °C, regardless attendees, undeterred were constantly found at the daily poster sessions. These all provided a comprehensive scope of what to expect in the growth of a career as a sports and exercise psychologist. The ISSP did a fantastic job organizing the social events over the five days. They kicked off the congress with a cocktail evening that took place at the official hotel. There was a great deal of handshaking and networking that took place over beverages and delicious appetizers. During the free time, the ISSP organizers encouraged the guests to attend complementary city tours and events in the city. Finally, the congress would not have been the same without the amazing dinner held at the famous Hotel Alfonso XIII. In hindsight, having initially been hesitant about attending the congress and wondering what to expect, it was a wonderful journey to have embarked on. We feel inspired and empowered with material for our “tool box” as budding sports psychologists. The relationships forged with both lectures and fellow attendees were indispensable as we were able to meet professionals and students from different backgrounds and specialisations. We would like to express our gratitude to the organizing committee, they did a great job of making us feel comfortable and welcome in a new environment.

2. FEPSAC Congress 2019

The BASES-FEPSAC conference will take place very soon and the FEPSAC MC is looking forward to see the outcome of the huge amount of effort put into its organization during the last two years. However, this implies that at the same time the next European Congress is approaching. In cooperation with the German Society of Sport Psychology (Arbeitsgemeinschaft für Sportpsychologie) FEPSAC will organize the Sport and Exercise Psychology Congress in the beautiful city of Münster in Germany. As the 15th European Congress of Sport and Exercise Psychology will coincide with the 50th Birthday of FEPSAC, many special events and surprises are currently planned. We are looking forward to your attendance and you can keep updated on the recently launched congress website: <http://www.fepsac2019.eu/>

3. Involvement of FEPSAC in funding programs

One reason for obtaining the EU legal status as an International Non-Profit Organization (INPA) in 2015 was the possibility to involve FEPSAC as an official partner in funding bids. Through the participation in EU, International and National research and dissemination projects, FEPSAC can support one of its main goals: the development of sport, exercise and performance psychology across Europe. Organization and individuals applying for research grants can benefit from FEPSAC as an important stakeholder in European Sport and Exercise Psychology, thereby, adding

value in the evaluation of the impact of the submitted research proposal. In the research project, FEPSAC can serve as a gatekeeper to FEPSAC members and associates and use the various channels (e.g., social media, website) to disseminate information related to the project and send out requests to participate in surveys or questionnaires. Further, FEPSAC may agree that the results of the project are presented at one of the FEPSAC events or at other events as a FEPSAC invited symposia/workshop. If you are interested in involving FEPSAC as a partner in your funding bids, you can see our guidelines on such an involvement on our website and contact us at office@fepsac.com.

4. FEPSAC and social media – keep in touch with FEPSAC

Facebook (<https://en-gb.facebook.com/people/Fepsac-SportPsy/100010095409342>).

Twitter (https://twitter.com/FEPSAC_MC).

Acknowledgements

On behalf of the MC, we would like to thank all those who contributed to the making of this Newsletter. We look forward to receiving more contributions for forthcoming Issues so do not hesitate to send them by email to office@fepsac.com.