
Downloaded from: http://insight.cumbria.ac.uk/id/eprint/3111/

Usage of any items from the University of Cumbria’s institutional repository ‘Insight’ must conform to the following fair usage guidelines.

Any item and its associated metadata held in the University of Cumbria’s institutional repository Insight (unless stated otherwise on the metadata record) may be copied, displayed or performed, and stored in line with the JISC fair dealing guidelines (available here) for educational and not-for-profit activities provided that

- the authors, title and full bibliographic details of the item are cited clearly when any part of the work is referred to verbally or in the written form
- a hyperlink/URL to the original Insight record of that item is included in any citations of the work
- the content is not changed in any way
- all files required for usage of the item are kept together with the main item file.

You may not

- sell any part of an item
- refer to any part of an item without citation
- amend any item or contextualise it in a way that will impugn the creator’s reputation
- remove or alter the copyright statement on an item.

The full policy can be found here.
Alternatively contact the University of Cumbria Repository Editor by emailing insight@cumbria.ac.uk.
Book of Abstracts

28 June – 2 July 2017
Plymouth Marjon University
Research adventures with my bear

Can you imagine a world where no-one goes outside? Our world is under threat from human activities, from what we do, and the way we do it. This will have a huge impact on our future lives, and we need to think about how we protect places, and the people, animals and plants found there. Whilst, there is a widely-recognised need to address this threat, there is a specific focus on how we can involve young people in this process, and additional concern about how little time children and young people spend outside. My study responded to these concerns by exploring young people’s relationship with nature, considering how this may be nurtured through the projects we offer them. The participating projects were spread across England, from south-east to north-west, including rural, coastal and urban environments. The young people (11 – 25) were from diverse backgrounds, with a wide range of individual needs. I have been creative in my approach, preferring everyday language and making use of stories. I have listened to and observed people’s stories, and created new stories based on these experiences. My work is founded in young peoples’ perspectives and grounded in practice, and emphasises the importance of communication, how we talk to and with people, and how we talk about the natural environment. It resulted in a commission to develop a practitioners’ toolkit providing guidance on how to work effectively outdoors, with young people identified as having special educational needs and/or disabilities. I will share this with you.

Author Biography
Tracy Hayes is a member of IOL and a Lecturer at the University of Cumbria. She has recently completed her PhD by researching the relationship that young people have with nature, using a creative approach including stories. She enjoys being, and playing, outside.