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Research Adventures with my bear Tracy Hayes

tracy.hayes@cumbria.ac.uk





# Me and my PhD

'A Creative Exploration of Young People's Relationship with Nature.'

- Creative approach
- Everyday language
- Making use of stories

If you're sitting comfortably.

I've listened to & observed people's stories, and created new stories based on these experiences.



# Lexi's Tale: Being, not doing

We meet at her local coffee shop, along with a practitioner from the project she attends. Once we've chosen our drinks we sit on the comfy sofas, at the far end, furthest from the door. I explain more about my project, that I'm trying to find out what young people like to do outside...



# Responding to Lexi's story

In pairs/small groups:

- What is your initial response to the story?
- Does it resonate with your experiences?
- How would you support Lexi to enjoy being outside?





# Where do the Bears fit in?

'Adventure Bears':



- designed to be played with outside
- gifted with a short story making links to playing outside.
- 1<sup>st</sup> Adventure Bear called 'Aporia' he is easily confused, tends to walk around in circles and become lost.
- Way of making connections, getting/focusing attention – emphasising fun, playfulness and comfort



# Talking about nature

Within your work as an outdoor educator:

- Do you talk about nature?
- What do you say?
- How do you address concerns about nature?

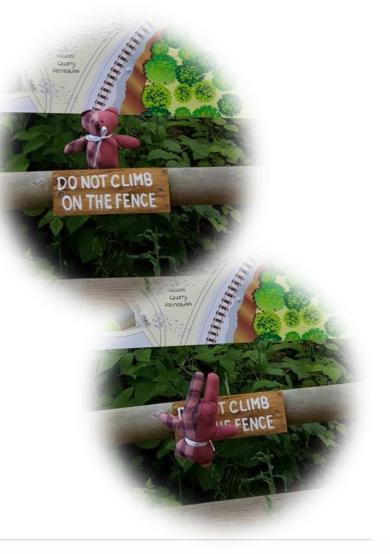




## Being adventurous

### Lexi's words:

"You should think about people's abilities when planning activities, when I can't do something that others can, I think they're going to laugh at me, it makes me upset and not want to go out."







# My discoveries

- Inclusiveness
- Responsiveness
- Playfulness
- Creativeness
- Kindness
- Comfort and belonging
- I found my self...





### What's next?

Poster outlining my plans in dining room

- I welcome opportunities for:
- Collaboration
- Comments
- Feedback
- Guidance



