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Reflections on Doing, Being and Becoming the #OTalk Student Digital Leader Intern

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What is #OTalk?
#OTalk is a weekly Twitter-chat enabling Occupational Therapy and Occupational Science students.
#OTalk is held on Tuesday evenings between 8pm-9pm UK time. Join in by following the hashtag on Twitter.

For more information check out: www.otalk.co.uk

Supporting Chats
As the intern I was able to develop skills through doing, by supporting others in the #OTalk community to host chats on their chosen topic.

Supporting chats enabled me to develop skills in digital leadership and skills in encouraging others development through support and communication as well as working within professional standards and guidelines relating to social media use – key skills I can carry forward as I become a qualified OT.

Planning the Welcome to OT #OTalk
One of my main projects whilst on the team as intern was being involved in the Welcome to OT #OTalk. My plan was to utilise a video as part of the pre-talk to encourage students to get involved with the chat.

Planning the Welcome to OT #OTalk Video
Making the Video:
This gave me a great opportunity to develop more skills in communicating the aims of the chat, liaising with a range of OT, OT students and educators and put a range of skills in working appropriately with other professionals and agencies in line with GDPR standards of privacy (2018).

The physical making of the video gave me a chance to reflect on the importance of doing, in engaging in my being. The purposeful action was meaningful to me as I developed in my role as it strengthened my belonging within the team and the impact that had on the new community members to stay on track with topic changes to be more visible, in impacting on my doing.

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Hosting the Welcome to OT Chat
During the chat I aimed to utilise visual slides to guide the chat for first time participants. This enabled me to utilise the skills I developed in my role as a digital leader to strengthen the new community members to stay on track with changes in conversation and re-engage. I also supported my belonging through the new community establishing the chat for first time participants. This also supported by my belonging within the #OTalk team. The positive impact that the chat had, increased my confidence in my ability of doing and my role as the intern. This was also supported by my belonging within the #OTalk team. The doing also aided my skills development within this area, which allowed me to develop in turn have the opportunity to become a permanent #OTalk team member.

Any Questions?
Tweet and ask using the hashtag: #OTalkIntern

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References

Stagnetti (2010) discussed doing as a means to develop skills for future practice. Supporting chats enabled me to develop skills in digital leadership and skills in encouraging others development through support and communication as well as working within professional standards and guidelines relating to social media use – key skills I can carry forward as I become a qualified OT.