
Downloaded from: http://insight.cumbria.ac.uk/id/eprint/2592/

Usage of any items from the University of Cumbria’s institutional repository ‘Insight’ must conform to the following fair usage guidelines.

Any item and its associated metadata held in the University of Cumbria’s institutional repository Insight (unless stated otherwise on the metadata record) may be copied, displayed or performed, and stored in line with the JISC fair dealing guidelines (available here) for educational and not-for-profit activities provided that

• the authors, title and full bibliographic details of the item are cited clearly when any part of the work is referred to verbally or in the written form

• a hyperlink/URL to the original Insight record of that item is included in any citations of the work

• the content is not changed in any way

• all files required for usage of the item are kept together with the main item file.

You may not

• sell any part of an item

• refer to any part of an item without citation

• amend any item or contextualise it in a way that will impugn the creator’s reputation

• remove or alter the copyright statement on an item.

The full policy can be found here.
Alternatively contact the University of Cumbria Repository Editor by emailing insight@cumbria.ac.uk.
Reflections on Doing, Being and Becoming the #OTalk Student Digital Leader Intern

Kelly Murray, University of Cumbria
Kirsty Stanley, Poole Hospital NHS Foundation Trust

Supporting Chats

As the intern I was able to develop my skills through doing, by supporting others in the #OTalk community to host chats on their chosen topic.

Research (2015) discussed doing as a means to develop skills for future doing. Supporting chats enabled me to develop skills in digital leadership and skills in encouraging others development through support and communication as well as working within professional standards and guidelines relating to social media use - key skills I can carry forward as I become a qualified OT.

References


Planning the Welcome to OT #OTalk

One of my main projects whilst on the team as intern was being classified as the Welcome to OT #OTalk. The plan was to utilise a video as part of the pre-blog to encourage students to get involved with the chat.

Planning the Welcome to OT #OTalk Video

Making the Video:

This gave me a great opportunity to develop more skills in communicating the aims of the chat, liaising with a range of OTs, OT Students and educators and put a range of skills in working appropriately with other professionals and agencies in line with HCPC standards of proficiency (2013).

The physical making of the video gave me a chance to reflect on the importance of doing, being in my role. The physical making was meaningful to me as I developed in my role as I strengthened my belonging within the team and the fact that I was a member of the chat was evident.

The doing aspect of making the video also helped my acceptance of my techy nature and in turn my being. The fact I am more technology focused and skilled in my creativity can benefit how I practice both now and the practitioner I am.

Planning the Welcome to OT #OTalk Tweets

The chat advertising ensured me to liaise with a range of professionals, educators and students to encourage the overall aim of both #OTalk and the welcome to OT chat to encourage engagement.

Hosting the Welcome to OT Chat

During the chat I aimed to utilize social media to grade 1 adopt the chat for first time participants. This enabled me to liaise with chat participants and encourage them to re-tweet the chat and participate within the chat. Reflection on hosting the chat from the concept of doing, I can understand the interlinked nature of doing, being and becoming and how the supportive nature of belonging enables the process of this.

Engaging and interacting with other students within the wider #OTalk community encouraged the meaningful nature of doing within the role as #OTalk intern. This aspect helped me to understand the nature of my being as reflected in the impact I could have within my role as intern.

The positive impact that the chat had increased my confidence in my ability of doing and my role as the intern. This was supported by my belonging within the #OTalk team. The doing also added my skills development within the role, which allowed me to develop in turn have the opportunity to become a permanent #OTalk team member.

Any Questions?
Tweet and ask using the hashtag: #OTalkIntern

Author contact details:
Kelly Murray
MSc Occupational Therapy (PreReg) Student
University of Cumbria
Email: kellymurray88@icloud.com
Twitter: @OTontheTracks
www.otonthetracks.com

Acknowledgements

This project was part of a range of activities carried out by #OTalk.

Planning the Welcome to OT #OTalk

One of my main projects whilst on the team as intern was being classified as the Welcome to OT #OTalk.

Planning the Welcome to OT #OTalk Video

Making the Video:

This gave me a great opportunity to develop more skills in communicating the aims of the chat, liaising with a range of OTs, OT students and educators and put a range of skills in working appropriately with other professionals and agencies in line with HCPC standards of proficiency (2013).

The physical making of the video gave me a chance to reflect on the importance of doing, being in my role. The physical making was meaningful to me as I developed in my role as I strengthened my belonging within the team and the fact that I was a member of the chat was evident.

The doing aspect of making the video also helped my acceptance of my techy nature and in turn my being. The fact I am more technology focused and skilled in my creativity can benefit how I practice both now and the practitioner I am.

Planning the Welcome to OT #OTalk Tweets

The chat advertising ensured me to liaise with a range of professionals, educators and students to encourage the overall aim of both #OTalk and the welcome to OT chat to encourage engagement.

Hosting the Welcome to OT Chat

During the chat I aimed to utilize social media to grade 1 adopt the chat for first time participants. This enabled me to liaise with chat participants and encourage them to re-tweet the chat and participate within the chat. Reflection on hosting the chat from the concept of doing, I can understand the interlinked nature of doing, being and becoming and how the supportive nature of belonging enables the process of this.

Engaging and interacting with other students within the wider #OTalk community encouraged the meaningful nature of doing within the role as #OTalk intern. This aspect helped me to understand the nature of my being as reflected in the impact I could have within my role as intern.

The positive impact that the chat had increased my confidence in my ability of doing and my role as the intern. This was supported by my belonging within the #OTalk team. The doing also added my skills development within the role, which allowed me to develop in turn have the opportunity to become a permanent #OTalk team member.

Any Questions?
Tweet and ask using the hashtag: #OTalkIntern

Author contact details:
Kelly Murray
MSc Occupational Therapy (PreReg) Student
University of Cumbria
Email: kellymurray88@icloud.com
Twitter: @OTontheTracks
www.otonthetracks.com

Acknowledgements

This project was part of a range of activities carried out by #OTalk.

Planning the Welcome to OT #OTalk

One of my main projects whilst on the team as intern was being classified as the Welcome to OT #OTalk.

Planning the Welcome to OT #OTalk Video

Making the Video:

This gave me a great opportunity to develop more skills in communicating the aims of the chat, liaising with a range of OTs, OT students and educators and put a range of skills in working appropriately with other professionals and agencies in line with HCPC standards of proficiency (2013).

The physical making of the video gave me a chance to reflect on the importance of doing, engaging in my being. The physical making was meaningful to me as I developed in my role as I strengthened my belonging within the team and the fact that I was a member of the chat was evident.

The doing aspect of making the video also helped my acceptance of my techy nature and in turn my being. The fact I am more technology focused and skilled in my creativity can benefit how I practice both now and the practitioner I am.

Planning the Welcome to OT #OTalk Tweets

The chat advertising ensured me to liaise with a range of professionals, educators and students to encourage the overall aim of both #OTalk and the welcome to OT chat to encourage engagement.

Hosting the Welcome to OT Chat

During the chat I aimed to utilize social media to grade 1 adopt the chat for first time participants. This enabled me to liaise with chat participants and encourage them to re-tweet the chat and participate within the chat. Reflection on hosting the chat from the concept of doing, I can understand the interlinked nature of doing, being and becoming and how the supportive nature of belonging enables the process of this.

Engaging and interacting with other students within the wider #OTalk community encouraged the meaningful nature of doing within the role as #OTalk intern. This aspect helped me to understand the nature of my being as reflected in the impact I could have within my role as intern.

The positive impact that the chat had increased my confidence in my ability of doing and my role as the intern. This was supported by my belonging within the #OTalk team. The doing also added my skills development within the role, which allowed me to develop in turn have the opportunity to become a permanent #OTalk team member.

Any Questions?
Tweet and ask using the hashtag: #OTalkIntern

Author contact details:
Kelly Murray
MSc Occupational Therapy (PreReg) Student
University of Cumbria
Email: kellymurray88@icloud.com
Twitter: @OTontheTracks
www.otonthetracks.com

Acknowledgements

This project was part of a range of activities carried out by #OTalk.