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training and provision of recovery oriented practice to improve clinical effectiveness and service user satisfaction.

She has additional qualifications to support her practice which include MSc Advanced Occupational Therapy, Sports Instructor qualification, Practitioners certificates in complementary medicine (Indian head massage and reflexology), Psychosocial interventions and family work, CBT and DBT skills training.

### Session 23.2

#### Exploring occupational motivation through personal narratives

McKenna C, Wright C, Teesside University

According to Kielhofner (2008) humans have an intense and pervasive need to act. As occupational therapists we draw upon that need and the underlying desire for occupation. This project has collected narratives from ordinary people talking about why they do ordinary things. What has been gathered is an extraordinary collection of stories, motivations and emotions which contain a rich source of data which occupational therapy can draw upon when considering the motivation of the client. Key aspects of this project have fed into our teaching in order that occupational therapy students might explore and appreciate the personal drive of individuals without the difficult contexts of life.

The participants were each interviewed individually within their own work or home context: a context which reflects the occupation under discussion. Each interview was recorded and subsequently transcribed by the interviewer. The transcript was then returned to the participant to verify the narrative reflected the story shared. This narrative was then used as a resource for exploring occupation and occupational motivation.

Drawing on these stories occupational therapists can begin to order what Frank (2010) refers to as the elements of attention and value. The first of these elements helps us to understand who the individual is from their personal expression of themselves. The other shows what is valued and appreciated by the individual. The narrative permits the therapist to explore the expressed identity of the individual with the self-identified roles and obligations. The elements of personal causation, values and interests effectively defined by Kielhofner (2008) allow a deconstruction of the volition without the limits placed upon the therapist in practice and affording the opportunity for discussion, reflection and consideration of theory. On all levels this enables therapists to develop a critical understanding of occupation and the meaning ascribed to personal narratives.

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#### Keywords

Occupational therapists, Practice development, Innovative practice, Education

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#### Author Biographies

Chris McKenna spent the first part of his career working with people with a learning disability. Following a move into education he has assisted occupational therapists to understand and use occupational therapy theory. Current areas of interest

involve individual motivation and the use of narratives in learning.

Cath is a senior lecturer in occupational therapy. She has experience in a wide variety of practice areas and had responsibility for a range of inter-professional teams. Her interests lie within leadership and service development and her current research is in the area of co-dependence.

### Session 24.1

#### A pedagogical investigation of an occupation focused teaching tool

Howarth J<sup>1,2</sup>, University of Derby<sup>1</sup>, University of Cumbria<sup>2</sup>

Hocking (2009) identified that a more comprehensive understanding of occupation has to be developed in order to further understand the interdependent relationship between occupation, health and well-being. Entwistle (2009) identified that developing understanding is distinguishable from having factual knowledge of a subject. Understanding is ... being able to provide a convincing explanation and to adapt ideas flexibly for use in varying and in novel contexts ... (Entwistle, 2009, p. 50). Newton (2012) identified that understanding cannot be transmitted rather students have to be enabled to construct their own understanding. This can be supported by ... engaging the learner with the topic in ways that are likely to produce appropriate inferences, order and harmony amongst the mental elements. (Newton, 2012, p. 34).

However, there are a number of challenges faced by educators who aim to develop students' understanding. Challenges include occupation's complex and multifaceted nature, the interchangeable use of terminology within professional literature, and definitions focused on what occupations give rather than on what occupation is (Wilcock, 1993 Russell, 2008).

This paper presents initial findings of a PhD study focused on a critical investigation of a newly developed 'occupation' teaching tool. The study is informed by a grounded theory approach and uses semi-structured observations to critically investigate the impact of the teaching tool on student learning and development of their understanding.

Ethical approval was sought and gained from one U.K. HEI for this element of the study.

Initial findings indicate the use of the teaching tool positively facilitates development of students' understanding of the concept of occupation by providing a physical model of the concept. Use of a physical tool provides visual identification of the multiple dimensions of occupation and assists students in constructing an understanding of the complex dynamic nature of occupation.

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### Keywords

Occupational therapists, Research, Education and learning, Education

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### Author Biographies

I am a Senior Lecturer in Occupational Therapy at the University of Derby, with eighteen years of experience of pre and post registration occupational therapy education. Since commencing my academic career I have specialized in teaching occupational science. I teach theory of emerging practice in relation to the addressing of occupational injustices in society.

I am currently studying toward a PhD with the University of Cumbria, critically investigating an Occupation focused teaching tool.

## Session 24.2

### What has theory got to do with practice? Bridging the gap in integrated teams

Hurst H, Gloucestershire Care Services NHS Trust

There is no single understanding of Occupational Therapy; numerous explanations are in existence with no one widely accepted definition (Duncan 2006). Whilst this can be useful for practitioners, who work in a variety of work environments, conversely it can be an issue for a practitioner who is trying to succinctly explain their role in a way that it can be understood by stakeholders (Boniface 2012). The practice of occupational therapy can appear straightforward and so trying to describe the complexities of the therapeutic process can be difficult. Without being able to explain occupational therapy, practitioners could find themselves in a position where stakeholders have little understanding of the role and may hold a perception their work can be completed by others.

This inarticulacy is becoming increasingly challenging for Occupational Therapists in physical settings with moves towards integrated teams comprising of practitioners from a range of backgrounds. Whilst the benefits of integration have been extolled, concerns have been raised previously by practitioners in mental health teams about loss of core skills and professional identity. Pettican and Bryant (2007) described an overt theory practice link through applying professional models of practice, helped to strengthen professional identity. Yet many practitioners do not use models to underpin practice, describing that models do not reflect the 'real' world of practice and are created in isolation by academics (LeClair et al 2013).

Case study research with a focus upon understanding the relationship between using a theoretical client centred model and clinical practice from a number of interrelated perspectives will be shared. It will discuss how it has supported transition into integrated working and its future challenges.

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### Keywords

Occupational therapists, Research, Occupational therapy models and theory, Inter-agency

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### Author Biography

Heather has worked in a variety of Health and Social Care settings over the past 20 years. Currently she is Professional Lead providing support and guidance to practitioners based across social care and hospital settings. She is also studying for a professional doctorate. She is very interested in developing links between the use of occupational therapy theory and clinical practice and this is the focus of her current research.

## Session 25

### Initial findings – the experience of play of 6–12 year olds with cerebral palsy

Graham N, Mandy A, Clarke C, Sellers D, University of Brighton

Background: Every child has the right to play and play is considered to be a primary occupation for all children (Chiarello et al. 2006). Despite this, children with Cerebral Palsy are often described as playing less than their typically developing peers (Okimoto et al. 2000). At present no research has asked children with high levels of physical disability about their experience of play. An improved understanding of children's experience of play can help inform clinicians understanding and engagement with play for this client group. This PhD project aims to understand the experience of play for 6–12 year olds with high levels of disability due to Cerebral Palsy.

Method: Six children functioning at GMFCS IV-V will be interviewed about their experience of play. Each child will participate in 2–3 interviews. These interviews will make use of visual methods such as sharing videos, photos, and toys in order to gain an in depth discussion of each child's experience. This research is using Interpretive Phenomenological Analysis (IPA) and will follow this approach for analysing the data.

Results: This presentation will explore the initial findings of the interview data which will be collected within the 2015–16 academic year. The initial process of IPA will be discussed as a basis of presenting the initial findings of this research.

Impact: The process of interviewing children with communication difficulties required extensive consideration, this will be reflected upon and discussed.

Implications for occupational therapy: Play is a primary occupation and therefore essential to consider as part of the OT process. The initial findings presented will help OTs gain an expanded understanding of the experience of play for this client group.

### References

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