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## Know Thyself: The Stories We Tell Ourselves About Ourselves

Dr. Martin Fowler
The Art of Resistance, NAFAE Conference,
September 4<sup>th</sup> 2024

'The starting point of critical elaboration is the consciousness of what one really is, and is 'knowing thyself' as a product of the historical process to date which has deposited in you an infinity of traces, without leaving an inventory. The first thing to do is to make such an inventory'

(Gramsci)

The Latin word educere (education) - meaning 'to lead out' – 'to draw out what is within'

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'human = object = property = commodity' (Leonard)
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'human = object = human' (Leonard) 'Less the childhood, more the place and the childhood of the place;

and through the childhood of the place the present; the present people'

(Leonard)