

Booth, Lisa ORCID: <https://orcid.org/0000-0001-7957-6501> (2024) Rights-based standards for children undergoing tests, treatments and examinations. In: UK Imaging and Oncology Congress 2024 (UKIO 2024): Vision and values: Putting people first, 10-12 June 2024, Liverpool ACC, UK. (Unpublished)

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**Authors; iSUPPORT:** International collaborative standards to **S**upport **P**aediatric **P**atients during clinical pr**O**cedures, **R**educing harm and establishing **T**rust.

**Presenter;** Lisa Booth

**Title** - 'Rights-based standards for children undergoing tests, treatments and examinations.

**Background:** Poor procedural experiences can have long lasting negative consequences for children. ISUPPORT is an international group of 50 members, which includes health-professionals, academics, young people, and parents who have developed standards for children undergoing tests, treatments, or examinations based on internationally agreed children's rights set out by the UNCRC (1989).

**Methods:** The rights-based standards were developed through a three phase multi-stakeholder consensus approach. Stage one involved extensive consultation and group decision-making within the 50 members of the collaborative group. Stage two involved an international online survey and face to face consultation to gain feedback and input from children, parents, and professionals. Stage three involved a further online survey and face to face consultation to reach consensus.

**Results:** The rights-based standards propose approaches to minimise the anxiety, distress and harm experienced by children undergoing clinical procedures. They describe good procedural practice with children; define and promote supportive holding as an approach to prioritise children's rights and challenge the use of restraining holds for non-emergency procedures. These standards include a version for professionals, a version for children, including a 'prep sheet' to help children plan for their procedures, as well as case studies demonstrating application of the standards to a variety of procedures. The standards are free to access and download on the ISupport website.

**Conclusion:** The rights-based standards aim to ensure that the short and long-term physical, emotional and psychological well-being of children are of central importance during clinical procedures.

[3] iSupport and Rights *Based Standard for Children having Health Care tests, treatments, examinations or interventions*. Available at:

<https://www.isupportchildrensrights.com/english-version>